



Allergy Information

The following list contains information on the major allergens contained in the dishes available on our menu. All our pasta dishes can be cooked with gluten free pasta however please note that the meatballs in the dish 'Penne Polpette' contain gluten and the Italian sausage in the dishes 'Rigatoni Toscana', 'Pizza Salsiccia Pesto' and 'Salsiccia Al Forno' may contain traces of gluten.

If you have a severe allergy please let a member of staff know before ordering.

Our chefs & suppliers handle numerous ingredients and allergens.

Whilst we have strict controls in place to reduce the risk of contamination, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen or contamination free.

Also please note that the cheese offered at your table contains milk and egg and will alter the suitability of your dish. If you are unsure of anything, please speak to a member of staff.

If you have downloaded this document from our website please be aware that we may make changes and update this information from time-to-time so please ensure you have downloaded the latest version before ordering. If in doubt just ask a member of staff who will be happy to advise you.

Starters

	Does it contain?														Is it suitable for?	
	Celery	Gluten	Sulphites	Crustaceans	Molluscs	Eggs	Fish	Milk	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Lupin	Vegetarians	Vegans
<i>Olives</i>															<i>Yes</i>	<i>Yes</i>
<i>Sunblush Tomatoes</i>			<i>Yes</i>												<i>Yes</i>	<i>Yes</i>
<i>Ciabatta</i>		<i>Yes</i>													<i>Yes</i>	<i>Yes</i>
<i>Garlic Bread</i>		<i>Yes</i>													<i>Yes</i>	<i>Yes</i>
<i>Garlic Bread with Mozzarella</i>		<i>Yes</i>						<i>Yes</i>							<i>Yes</i>	+ <i>Vegan cheese</i>
<i>Funghi Trifolata</i>			<i>Yes</i>										<i>Yes</i>		<i>Yes</i>	<i>No</i>
<i>Gnocchi Pomodoro</i>	<i>Yes</i>	<i>Yes</i>													<i>Yes</i>	<i>Yes</i>
<i>Pizza Caramellata</i>		<i>Yes</i>	<i>Yes</i>					<i>Yes</i>							<i>Yes</i>	<i>Yes</i>
<i>Bruschetta Pomodoro</i>		<i>Yes</i>													<i>Yes</i>	<i>Yes</i>
<i>Bruschetta Mozzarella</i>		<i>Yes</i>						<i>Yes</i>							<i>Yes</i>	<i>No</i>
<i>Bruschetta Parma</i>		<i>Yes</i>	<i>Yes</i>												<i>No</i>	<i>No</i>
<i>Calamari</i>		<i>Yes</i>			<i>Yes</i>	<i>Yes</i>			<i>Yes</i>				<i>Yes</i>		<i>No</i>	<i>No</i>
<i>Gamberoni Al'Agllo</i>			<i>Yes</i>	<i>Yes</i>		<i>Yes</i>			<i>Yes</i>						<i>No</i>	<i>No</i>
<i>Cozze Crema</i>			<i>Yes</i>		<i>Yes</i>			<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Trio Colore</i>			<i>Yes</i>					<i>Yes</i>							<i>Yes</i>	<i>No</i>
<i>Insalata Salmone Affumi</i>						<i>Yes</i>	<i>Yes</i>		<i>Yes</i>						<i>No</i>	<i>No</i>
<i>Anti Pasto</i>		<i>Yes</i>						<i>Yes</i>							<i>No</i>	<i>No</i>

Salads

	<i>Does it contain?</i>														<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluscs</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Peanuts</i>	<i>Tree Nuts</i>	<i>Sesame</i>	<i>Soya</i>	<i>Lupin</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>House Dressing</i>						<i>Yes</i>			<i>Yes</i>						<i>Yes</i>	<i>No</i>
<i>Balsamic Glaze</i>			<i>Yes</i>												<i>Yes</i>	<i>Yes</i>
<i>Anti-Pasto</i>		<i>Yes</i>	<i>Yes</i>					<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Side Salad</i>						<i>Yes</i>			<i>Yes</i>						<i>Yes</i>	<i>No</i>
<i>Insalata Parmigiano</i>			<i>Yes</i>					<i>Yes</i>							<i>No</i>	<i>No</i>

Pasta / Al Forno

	Does it contain?														Is it suitable for?	
	Celery	Gluten	Sulphites	Crustaceans	Molluscs	Eggs	Fish	Milk	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Lupin	Vegetarians	Vegans
Spaghetti Pomodoro	Yes	Yes											May		Yes	Yes
Spaghetti Bolognese	Yes	Yes											May		No	No
Spaghetti Carbonara		Yes				Yes		Yes					May		No	No
Spaghetti Verde		Yes	Yes					Yes			Yes		May		Yes	No
Spaghetti Gamberoni		Yes	Yes	Yes									May		No	No
Spaghetti Marinara	Yes	Yes	Yes	Yes	Yes								May		No	No
Rigatoni Amatriciana	Yes	Yes				Yes		Yes					May		No	No
Rigatoni Toscana **	Yes	Yes**											May		No	No
Rigatoni Tonno	Yes	Yes					Yes	Yes					May		No	No
Penne Arrabiata	Yes	Yes											May		Yes	Yes
Penne Polpette *	Yes	Yes *											May		No	No
Penne Primavera	Yes	Yes											May		Yes	Yes
Tagliatelle Porcini		Yes	Yes			Yes		Yes					May		Yes	No
Tagliatelle Spinachi		Yes				Yes		Yes					May		No	No
Tagliatelle Salmone	Yes	Yes	Yes			Yes	Yes	Yes					May		No	No

* Please note that there is no gluten free option with this dish as the meatballs are prepared with breadcrumbs.

** The Italian sausage in this dish may contain traces of gluten.

Pasta / Al Forno / Risotto

	<i>Does it contain?</i>														<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluses</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Peanuts</i>	<i>Tree Nuts</i>	<i>Sesame</i>	<i>Soya</i>	<i>Lupin</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>Tortelloni Boscaiola</i>		<i>Yes</i>	<i>Yes</i>			<i>Yes</i>		<i>Yes</i>					<i>May</i>		<i>No</i>	<i>No</i>
<i>Tortelloni alla Genovese</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>			<i>Yes</i>		<i>May</i>		<i>No</i>	<i>No</i>
<i>Pollo Parmigiano Al Forno</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>					<i>May</i>		<i>No</i>	<i>No</i>
<i>Salsiccia Al Forno*</i>	<i>Yes</i>	<i>Yes*</i>											<i>May</i>		<i>No</i>	<i>No</i>
<i>Funghi Spinachi Al Forno</i>		<i>Yes</i>						<i>Yes</i>					<i>May</i>		<i>Yes</i>	<i>No</i>
<i>Lasagne Al Forno</i>	<i>Yes</i>	<i>Yes</i>				<i>Yes</i>		<i>Yes</i>					<i>May</i>		<i>No</i>	<i>No</i>
<i>Risotto Pollo Porcini</i>			<i>Yes</i>					<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Risotto Asparagi</i>			<i>Yes</i>					<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Risotto Di Mare</i>	<i>Yes</i>		<i>Yes</i>	<i>Yes</i>	<i>Yes</i>										<i>No</i>	<i>No</i>
<i>Risotto Gamberetti</i>			<i>Yes</i>	<i>Yes</i>				<i>Yes</i>							<i>No</i>	<i>No</i>

* The Italian sausage in this dish may contain traces of gluten

Pizza / Calzone

	Does it contain?														Is it suitable for?	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluses</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Peanuts</i>	<i>Tree Nuts</i>	<i>Sesame</i>	<i>Soya</i>	<i>Lupin</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>Pizza Pomodoro</i>		<i>Yes</i>													<i>Yes</i>	<i>Yes</i>
<i>Margherita</i>		<i>Yes</i>						<i>Yes</i>							<i>Yes</i>	<i>No</i>
<i>Reginella</i>		<i>Yes</i>						<i>Yes</i>							<i>Yes</i>	<i>No</i>
<i>Pepperoni</i>		<i>Yes</i>						<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Americana</i>		<i>Yes</i>						<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Funghi Caprina</i>		<i>Yes</i>						<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Giardinera</i>		<i>Yes</i>						<i>Yes</i>							<i>Yes</i>	<i>No</i>
<i>Diavola</i>		<i>Yes</i>						<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Riviera</i>		<i>Yes</i>		<i>Yes</i>				<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Rustica</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>	<i>Yes</i>						<i>No</i>	<i>No</i>
<i>Honolulu</i>		<i>Yes</i>						<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Salsiccia Pesto</i>		<i>Yes</i>	<i>Yes</i>					<i>Yes</i>			<i>Yes</i>				<i>No</i>	<i>No</i>
<i>Di Capra</i>		<i>Yes</i>	<i>Yes</i>					<i>Yes</i>							<i>Yes</i>	<i>No</i>
<i>Pollo Peppadew</i>		<i>Yes</i>	<i>Yes</i>					<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Dolce Picante</i>		<i>Yes</i>						<i>Yes</i>					<i>May</i>		<i>No</i>	<i>No</i>
<i>Napoli</i>		<i>Yes</i>					<i>Yes</i>	<i>Yes</i>							<i>No</i>	<i>No</i>

Pizza / Calzone

	<i>Does it contain?</i>														<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluscs</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Peanuts</i>	<i>Tree Nuts</i>	<i>Sesame</i>	<i>Soya</i>	<i>Lupin</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>Calzone Picante</i>		<i>Yes</i>						<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Calzone Salsiccia</i>		<i>Yes</i>						<i>Yes</i>							<i>No</i>	<i>No</i>
<i>Calzone Basilica</i>		<i>Yes</i>						<i>Yes</i>							<i>Yes</i>	<i>No</i>

Main Courses

	<i>Does it contain?</i>														<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluses</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Peanuts</i>	<i>Tree Nuts</i>	<i>Sesame</i>	<i>Soya</i>	<i>Lupin</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>Pollo Funghi</i>			<i>Yes</i>					<i>Yes</i>					<i>Yes</i>		<i>No</i>	<i>No</i>
<i>Branzino</i>	<i>Yes</i>		<i>Yes</i>				<i>Yes</i>						<i>Yes</i>		<i>No</i>	<i>No</i>
<i>Bistecca Rosmarino</i>													<i>Yes</i>		<i>No</i>	<i>No</i>
<i>Insalata Caprina</i>		<i>May</i>				<i>Yes</i>		<i>Yes</i>	<i>Yes</i>						<i>Yes</i>	<i>No</i>
<i>Insalata Pollo</i>						<i>Yes</i>			<i>Yes</i>						<i>No</i>	<i>No</i>
<i>Insalata Salmone Asparagi</i>		<i>May</i>				<i>Yes</i>	<i>Yes</i>		<i>Yes</i>						<i>No</i>	<i>No</i>

Sides

	<i>Does it contain?</i>														<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluscs</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Peanuts</i>	<i>Tree Nuts</i>	<i>Sesame</i>	<i>Soya</i>	<i>Lupin</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>French Fries</i>													<i>Yes</i>		<i>Yes</i>	<i>Yes</i>
<i>Saute Potatoes</i>													<i>Yes</i>		<i>Yes</i>	<i>Yes</i>
<i>Grilled Vegetables</i>															<i>Yes</i>	<i>Yes</i>
<i>Grilled Asparagus</i>															<i>Yes</i>	<i>Yes</i>

Desserts

	<i>Does it contain?</i>														<i>Is it suitable for?</i>	
	<i>Celery</i>	<i>Gluten</i>	<i>Sulphites</i>	<i>Crustaceans</i>	<i>Molluscs</i>	<i>Eggs</i>	<i>Fish</i>	<i>Milk</i>	<i>Mustard</i>	<i>Peanuts</i>	<i>Tree Nuts</i>	<i>Sesame</i>	<i>Soya</i>	<i>Lupin</i>	<i>Vegetarians</i>	<i>Vegans</i>
<i>Chocolate Fudge Cake</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>							<i>Yes</i>	<i>No</i>
<i>Profiteroles</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>							<i>Yes</i>	<i>No</i>
<i>Salted Caramel Cheesecake</i>		<i>Yes</i>	<i>Yes</i>					<i>Yes</i>		<i>Yes</i>	<i>Yes</i>		<i>Yes</i>		<i>No</i>	<i>No</i>
<i>Banoffee Pie</i>		<i>Yes</i>						<i>Yes</i>					<i>Yes</i>		<i>Yes</i>	<i>No</i>
<i>Tiramisu</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>					<i>Yes</i>		<i>Yes</i>	<i>No</i>
<i>Belgian Waffles</i>		<i>Yes</i>				<i>Yes</i>		<i>Yes</i>					<i>Yes</i>		<i>Yes</i>	<i>No</i>